BEAYURVEDIC INSTITUTE - ONLINE SCHOOL OF AYURVEDA
AYURVEDIC HEALTH COUNSELOR PROGRAM
ACADEMIC COURSE CATALOG 2021-2023

Beayurvedic Institute - an online school of Ayurveda is licensed as a post-secondary school with the Michigan state of higher education. Credits earned at the Beayurvedic institute may not transfer to all other institutions. More information can be found here by accessing http://www.michigan.gov/pss

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Table of contents

1. About Beayurvedic Institute - an online school of Ayurveda
2. Introduction to Ayurveda
3. Professional opportunities
4. Why Study at Beayurvedic Institute
5. Faculty profile
6. AHC Learning Format
7. AHC Prerequisites/ Co-requisites
8. Equal Opportunity Policy
9. Beayurvedic Student Code Conduct
10. Transfer Students
11. Ayurvedic Health Counselor Program Overview
12. Ayurvedic Health Counselor Curriculum
13. AHC Program Details & Calendar
14. Attendance and Tardiness Policy
15. AHC Syllabus
16. AHC clinical Experience requirements
17. Beayurvedic Academic & Grading Policies
18. Assignment/ Homework Policy
19. Quizzes Policy
20. Final Exam Policy
21. Certification of Completion Policy
22. Student complaint Procedure
23. Beayurvedic Tuition & Fees
24. Registration & Payment Policies & Plans
25. Late Fee Policy and Collection Procedure
26. Refund and Cancellation policy
27. Additional Requirement & Expenses
28. Financial Aid
29. Probation, Withdrawal & Leave of Absence Policy
30. List of School Equipment
31. National, State and Professional Standards
32. Beayurvedic Admission Process
33. Admission Form completion requirements

1. About Beayurvedic Institute – An Online School of Ayurveda

Beayurvedic Institute was founded by Beena Vesikar with the vision of spreading the ancient wisdom of Ayurveda to promote health, longevity and awareness about self. Ayurveda is a very comprehensive science that focuses on health and prevention through lifestyle and daily eating habits. Learning and knowing this ancient science will grow healthier community around and bring physical and emotional balance. Beena emphasizes on learning Ayurveda just the way she learned in India in a very traditional way!

2.Introduction to Ayurveda

Ayurveda is a life philosophy, founded on principles of observing nature in its all forms. It is based on the concept

As is the human body, so is the cosmic body
As is the microcosm, so is the macrocosm.

Ayurveda deliberates on spiritual aspect of consciousness as inseparable part of life. It is an ancient science that stresses the importance of joyful life through physical and emotional health and managing it through disciplined lifestyle, nutrition and exercise as per individual's body constitution. It basically emphasizes on maintaining the natural wellbeing and prevention of dis-ease.

By understanding, how our inner physiology alerts us through subtle changes happening in our bodies one can gain the balance relatively at an earlier stage of dis-ease.

In today's age most of the imbalance stem from unhealthy lifestyle and emotional instability. Studying Ayurveda guides us step by step in understanding ourselves and those around us better. Ayurveda is the study of how to synchronize the rhythms of nature and living beings.

This course will be a deep dive into the fundamental principles of Ayurveda and its application in the modern life.

3. Professional Opportunities

Upon completion of the Ayurvedic Health Counselor Program, students should be able to:

a) Identify Clients body constitution (Prakruti)

b) Identify Clients doshic imbalance (Vikruti)
c) Independently conduct Ayurvedic Wellness Consultation and offer guidance on Ayurvedic diet and lifestyle, seasonal routines and daily routines as per individual's body constitution.
d) A doctor can incorporate these principles in his/her practice to give more comprehensive approach to his/her patients for healing.
e) A massage therapist can apply these Ayurvedic principles of Marma therapy and using different oil blends in their massage practice to give most benefit to their clients.
f) A Yoga instructor can integrate this program with their teaching of Yoga.
g) A Nutritionist can integrate this program with their recommendations of Nutrition and diet to benefit their clients to balance the doshas.

4. Why Study at Beayurvedic Institute?

a) **Michigan Licensed School of Ayurveda**
b) Opportunity to learn Ayurveda Authentic way
c) Opportunity to learn the Devanagari Script, Vocabulary & Shlokas in depth
d) Online learning
e) Small class size
f) Individualized attention and mentoring
g) Convenient timings
h) Recorded Classes

5. Faculty Profile: Meet the Instructor

Beena Vesikar

Founder of Beayurvedic Wellness Center & Beayurvedic Institute

M.D. Ayurvedic Medicine - Internal Medicine (Kayachikitsa) - University of Pune, India
B.A.M.S -University of Pune - India
LMT- Licensed Massage Therapist- USA
AYT (Ayurveda Yoga Therapist) - NAMA Approved
Certified Clinical Nutritionist - USA
RYT- Registered Yoga Teacher- USA
Faculty- BVI institute of Vedic Science- Michigan
NCBTMB -CE Provider
NAMA- Membership Committee Member

Beena's journey to the west was an interesting curve in her professional and personal life. After leaving her successful Ayurvedic practice in India and moving to the U.S., she realized that the demands of American life were completely different. The diet, culture, and environment starkly contrasted that of India. So Beena set out to blend the fundamental principles of Ayurveda with the food, lifestyle, and health imbalances of American society. She strongly believes in gently introducing Ayurveda in all walks of life rather than forcing an overwhelming shift in one's lifestyle.

She holds a master's degree in Ayurvedic Medicine, specialized in Internal Medicine called Kayachikitsa from the University of Pune, India. She completed her bachelor's degree (B.A.M.S) from the University of Pune India, as well. She has been practicing Ayurvedic medicine for over 22 years and has obtained considerable experience in academic and clinical Ayurveda. In addition to Ayurvedic medicine, Beena also studied clinical nutrition in order to more effectively guide her clients to a balanced lifestyle and diet.
She is a licensed massage therapist and CE provider for BeAyurvedic courses that specialize in Ayurvedic Massage and body therapies. She is a faculty member at Bodhananada Vedic Institute, which offers an AHC (Ayurvedic Health Counselor) program. Additionally, Beena has developed online classes that offer in depth information on the Ayurvedic way of healthy living. Beena is also one of the few Ayurvedic Physicians in the Midwest who performs an authentic panchakarma therapy to help clients establish a balance between their mind and bodies

6. AHC Learning format

604 hours Certification Program (check our calendar for the details)

a) **Total Program: 16 months**

   i) **Fundamentals -AHC Part-1: 6 months**
   ii) **AHC Part-2: 10 months**

b) **Weekly - Wednesday Classes for Fundamentals of Ayurveda - AHC Part-1**
   Weekly - Tuesday Classes for AHC Part-2

c) **Few Weekend Classes (refer the Calendar)**
d) **Pre-recorded lectures**
e) **Assignments and Quizzes**
f) **Midterm and Final Exam**
g) **In addition to the above Anatomy and Physiology college credits are required for completion of AHC program**

7. AHC Prerequisites/ Co-requisite

a) Applicants are required to have a **Highschool Diploma or higher education** is recommended and submit the transcript with application.

b) Transcript showing completion of minimum **4 credits of college level Anatomy and Physiology**. The Transcript needs to show the date and grade.

c) If Student has completed the Anatomy and Physiology credit at the time of enrollment the transcript needs to be submitted during application.

Verifiable four (4) credit transcript covering Anatomy and Physiology.

Courses do not need to be taken at an accredited university, however, they must cover the terminology, structure, and function of the human body and include: Overview of cells, nervous system, cardiovascular system, respiratory system, digestive system, renal system, endocrine system, musculoskeletal system, immune system, reproductive system, skin, and medical terminology. Anatomy and Physiology courses can be a pre-requisite or co-requisite, allowing

students to take the anatomy requirement simultaneously or at a different time than the Ayurvedic Health Counselor training.

d) **Students must have access to a computer with camera and microphone, internet connection, and the ability to join video conferences.**

e) Students will receive Certification on completion of the course and passing the final exam.

Online Anatomy and Physiology course options:

a) https://www.schoolcraft.edu/academics/widgets/course-description/BIOL/10
b) Straighter Line: Anatomy & Physiology I and Anatomy & Physiology II from McGraw Hill
c) Corexcel: Anatomy & Physiology (verify credits)

8. Equal Opportunity Policy

The Beayurvedic Institute of Ayurveda shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

9. Beayurvedic Student Code of Conduct

a) Students are expected to be on time for each class.
b) Students are expected to respect and follow the instructions given during the course.

c) All the course material provided is to be used by the student only.

d) Students are expected to keep records of interaction with clients, including emails, or via phone shall be documented in timely manner.

e) Timely breaks are given during the class time for food and restroom use.

f) Students are discouraged to eat during the class time.

g) Students are supposed to keep their cameras ON during the class time and

microphone on muted, unless discussed with the instructor for any exception.

10. Transfer Student

Students who have partially completed their Ayurveda Health Counselor (AHC) certification at any other Ayurveda institute and wish to complete their remaining education at Beayurvedic Institute may be considered for admission to Beayurvedic Institute AHC program depending on the time period to join and the syllabus they have completed.

Requirements: submit an online application and fee, meet the Anatomy and Physiology pre-requisite requirement, and complete a phone admissions interview. If they have begun their clinical internship at the previous school, they must provide proof of the number of completed encounters. AHC students are required to complete 50 practice client encounters.

Students who have not completed the AHC program at the Beayurvedic Institute will receive the transcript of the course hours of syllabus they completed.

Beayurvedic Institute is Not a NAMA recognized school.

11. AHC - Overview

Details	Format	Hours
Weekly Classes	Live Stream	120
Synchronous	Live Stream	180 (includes 50 client encounters)
Research Assignments		108
Course work and evaluation tools/Prerecorded lectures		152
Student & Faculty Mentoring	Asynchronous	40

Summary

Format	Total Hours
Live Stream	180
Synchronous	120
Asynchronous	300
Final Exam	4 Hours
Total Hours	604

PROGRAM TOTAL: 604 HOURS

12. AHC Curriculum:

AY 101- History and Fundamentals of Ayurveda
AY 102- Anatomy & Physiology
AY 103- Ayurvedic Assessment and Constitutional Analysis
AY 104- Introduction to Devanagari &Sanskrit
AY 105- Nutrition and Cooking
AY 106- Preventive Medicine (Svasthavrutta)
MID TERM
AY 107- Ayurvedic Pathology
AY 108- Science of Herbs
AY 109- Ashtang Ayurveda
AY 110- Subtle Therapies & Vedic Psychology
AY 111- Common aliments & Practicum with using Spices & Herbs
AY 112- Research Methods and Health management techniques
AY 113- Assessment and Complementary Knowledge
AY 114- Assessment and Complementary Knowledge

FINAL EXAM
CERTIFICATE OF COMPLETION WILL BE ISSUED AFTER PASSING THE FINAL EXAM AND SUBMITTING THE ANATOMY PHYSIOLOGY CREDITS

13. AHC Program Details & Calendar

Total Course: 16 months
No classes: July & August 2022
Course Starts: September 1st, 2021
Course Ends: February 5th, 2023
Final Exam: February 25th, 2023

Student Orientation August 25th 6pm-7pm

Month	Dates Wednesdays	Hours	Topic	Thursday Group Study	Total Hours Live Stream (LS) Asynchronous (Async)
September	1,8,15,22,29	4 each	History & Fundamentals of Ayurveda (FOA)		LS- 20 Async- 10
October	6,13,20,27	4 each	Physiology & Fundamentals of Ayurveda (FOA)		LS-16 Async-8
November	3,10,17,23 (23rd is Tuesday)	4 each	Physiology & Fundamentals of Ayurveda		LS-16 Async-8
December	1,8,15,11 11this Saturday intensive class- 10 hours	4 each + 10	Nutrition and Prakruti Assessment Cooking Demo		LS- 22 Async-8
January	5,12,19,26 & 15th Saturday	4 each + 8	Preventive Medicine & Prakruti + Cooking demo		LS-24 Async- 8
February	2,9,16,23, 12th Saturday	4 each + 2 hours Midterm	Yoga, Marma Prakruti Assessments + Mid term		LS-20 Async-10
FOA (AHC-1)	COMPLETE		TOTAL HOURS	LS-120 + 2 hours Midterm	ASYNC- 52+ 28 Research hours= 80

AHC-PART 2	EVERY WEDNESDAY				
Month	Dates	Hours	Topic	Thursday Group Study	Total Hours
March	2,9,16,23	4 each	Pathology/ Nidana Shastra		LS-16 Async- 8 + Research -8
April	6,13,20,27	4 each	Pathology/ Nidana Shastra		LS- 16 Async-8 + 8 Research
May	4,11,18,25	4 each	Herbology		LS-16 Async-8 Research -8
June	1 (W-4 hours), 4,5 Weekend intensive	10 hours on weekend	Common Aliments & Spices +Student Cooking		LS-24 Async-8 Research-8
SUMMER	BREAK	IN	JULY &	AUGUST	2022
CLASSES	HELD ON	EVERY	TUESDAYS		
September	6,13,20,27	4 each	Subtle Therapies		LS-16 Async- 8 Research-8
October	4,11,18,25	4 each	Ashtang Ayurveda, Introduction to PK Client observation		LS-16 Async- 8 Discussion- 8
November	Oct31,8,15,22	4 each	Student Encounters Start, Health		LS-16 Async- 8

			management & Research		Research -8
December	3,6,13	4 each + 10	Client Observation and Client Assessment		LS-18 Async- 8 Discussion-8
January 2023	7 & 8	10 each	Client Assessment		LS-20 Async- 8 Discussion-8
February 2023	4 & 5	10 each	Clinical Assessment		LS-20 Async- 8 Reseach-8
	7th	2 hours	Exam Prep & Q&A		
AHC	COMPLETE	TOTAL	HOURS	LS-180	ASYNC-Thursdays-80+Research hours 100+ 40 mentoring
	25th	4 hours	Final Exam		

Final Exam: February 25th, 2023

Fundamental of Ayurveda course: 120 hours + 80 Asynchronous hours
AHC - Part - 2: 180 hours + 220 Asynchronous hours

14.Attendance and Tardiness Policy

- Students are responsible for 100 % of the hours of instructions and are expected to be present for all classes
- In case of illness or unavoidable circumstances/ travel plans, the student must inform the instructor, make plans to obtain recorded classes so that the student will have the opportunity to listen and learn the content of the class.

- Student takes a small quiz in order to assure that student has obtained a majority of the information in the class.
- Student may miss no more than 10% of any class. Missed material is the responsibility of the student.
- Private tutoring is available by the instructor to any student who asks for additional support to complete the class. The cost is $60 for an hour.
- In case of not completion of the class, the graduation and certification will be postponed until the student completes the missed and incomplete material.
- Student will be eligible for the final exam upon completion for all completed assignments and quizzes.

15.AHC Syllabus

Course Details:

AY 101 – History and Fundamentals of Ayurveda – 20 hours

This module explores the 5000-year history that has contributed to the orderly development of science of Ayurveda. The course imparts in depth knowledge of congregation of different medicinal and therapeutic information in Vedas. Detailed knowledge of various spiritual influences, deities, and sages along with their philosophical contributions to development of Ayurveda. Also, helps to understand the legendary origin of Ayurveda from various classical texts. This course is designed to inform the students about the Archeological evidences and Manuscript references in support of the historical events. The course also updates the student with the current status of Ayurveda globally especially its role in healthcare industry in western countries.

AY102 – Anatomy & Physiology – 32 hours

Students will learn the terminology and anatomical functional structures.

Detailed study of Purusha, Embryological development, pramana Shareera (measurements), Indirya Shareera (Sense organs) and Marma Shareera (vital points), Koshtha Ashaya and Kala Shareera (Spaces and Membranes).

This module will focus on human physiological systems and how they are affected by body work modalities. Detailed attention will be given to Dosha, Dhatu, Mala, Agni, Strotas, Prana Tejas and Ojas.

103 - Ayurvedic Assessment & Constitutional Analysis - 16 hours

Ayurveda concept of Prakruti (Body type) is taught in this section. Every person has a different body make up and the health depends on each individuals approach towards maintaining this doshic balance. Knowing the Prakruti and assessment of imbalances is the focus in this module

104 - Introduction to Devanagari and Ayurvedic Sanskrit Terminology- 12 hours

This course provides the basic understanding of Devanagari script and Ayurvedic terminology to learn Ayurvedic Medicine, its Philosophy and concepts. A specific emphasis is given on pronunciation and Chanting Ayurvedic Verses from the original texts - Ashtang Hridaya and Charaka Samhita.

105 - Nutrition & Cooking - 20 hours

In this module, students will learn general concepts of Ahar dravyas in structuring a diet. Students will learn about qualities and actions of various grains, legumes, spices, vegetables and greens. Student will also gain the knowledge of Pathya and its importance, concepts and applicability of shad-rasa, psycho-somatic effects of shad -rasa, over-use and / or abnormal uses of Rasas and diet for balancing Vata, Pitta and Kapha doshas. Students will learn hands-on, practical approaches for making various meal preparation for health promotion. Additionally, this course will also discuss the concept of Sattvic ahar and pathya used in various health conditions.

106 - Preventive Medicine (Swasthavritta) - 20 hours

This course will discuss the basic concepts of Swastha Vritta (Ayurvedic Preventive Medicine) that emphasizes on health. The role of mind, sense organs and emotions on the health of a person will also be discussed. Additionally, the students will obtain adequate knowledge to

suggest proper daily diet and lifestyle based on individual's body type and seasons to promote health and prevent disease.

AHC - Part - 2

107 - Ayurvedic Pathology (Nidana Shastra) - 34 hours

Ayurveda addresses the root cause of imbalance over just eliminating symptoms. Every imbalance has a story of where it began and how it travels and finally how it expresses. Using the eightfold clinical evaluation and a clinical narrative to uncover the root of an imbalance allows the opportunity to help a client achieve vitality.

108 - Science of Herbs (Dravya Guna) - 20 hours

In this section students will learn the classification of herbs, Rasa Veerya Vipaka & Prabhava. They will also learn in detail some common herbs with its therapeutic uses and benefits.

109 - Ashtang Ayurveda (Integrative and complimentary knowledge) - 20 hours

This module focuses on eight main branches of Ayurveda and its scope in todays practice as well as a brief overview of Modern Medicine point of view on the same. Students will also learn the guidelines of when it is best to refer a client to health specialist.

110 -111- Assessment and Complimentary knowledge - 1 & 2 - 50 hours

This module is a practicum for assessing the client's constitution and suggesting lifestyle techniques in order to balance the doshas. Students will learn how to recommend seasonal and daily food suggestions and lifestyle changes as per Ayurvedic perspective

112 - Subtle therapies & Vedic Psychology (Manas Shastra) - 20 hours

Tanmatra Chikitsa (Subtle therapies) includes

- Shabda (Sound): Mantra Therapy, Music Therapy, Counselling
- Sparsha (Touch): Marma therapy, Mudras
- Rupa (Visual): Color Therapy
- Rasa (Taste): Food & Nutrition
- Gandha (Smell): Aroma therapy & Pranayama
- This sections also dives deeper into understanding of mental well-being through Ayurvedic

  lens.

113 - Common aliments & Practicum with using Spices & Herbs - 20 hours

This module focuses on common ailments and the use of spices and herbs to balance them.

Ayurveda focuses on prevention first, hence the use of spices and routine dietary and lifestyle changes helps a person to maintain the balance and enjoy the life to fullest. Students will learn how to prepare spice combination and herbal teas.

114 - Research Methods and Health management techniques - 16 hours

Students learn the western medical approach. When to refer a client to for assessment and possible medical treatment to medical practitioner. Students learn the scope of practice of Medical practitioner, including which type of Specialist is appropriate for the client's condition. The knowledge of red flag symptoms that require referral and how a western medical practitioner can complement the care being provided by the Ayurvedic Health counselor

16. AHC Clinical Experience requirements:

Client Encounter requirements:

Ayurvedic Health Counselors are required to have 50 client encounters in order to fulfill the requirements to complete the course.

- observational or student/client encounter with direct supervision of preceptor
- one-on-one encounters

∗**Note**: an encounter does not mean a new client. A student can meet one client multiple times for appointments and follow-ups.

For example, a student can meet six clients. For each client, they can schedule four appointments (1 initial + 3 follow-ups) and then 1 appointment with their mentor posing as a client. This would fulfill the 25 one-on-one encounters requirement.

Beayurvedic is responsible to provide the students with reasonable opportunities to participate in observational or directly supervised student/client encounters. The student is responsible to find their own clients to fulfill the 25 one-on-one encounters. For each client, a student must log and submit reports to their mentors.

17. Beayurvedic Academic & Grading Policies

Grades are applied only for midterm and final Exam
Numerical Score: 90-100% = A

Numerical Score: 80-90%= B
Numerical Score: 70-80%= C
Numerical Score: 60-70%= D (Passing) Numerical Score: below 60% are failing grades.

18. Homework/ Quizzes and Policy & Exams

- All Homework assignments must be completed and submitted on time.
- Homework that is incomplete or incorrect is expected to be completed and Corrected in order to receive the passing grade
- Students are expected to study 20-25 hours every month
- Quizzes will take place every month during the first class. The Quiz will be from the previous topic learned in the month. An additional homework assignment will be given every month and should be returned back within a month.

- Midterm and Final Exam: Students should take the Midterm and Final exam in order to receive the certificate.

19.Quizzes Policy

Students will take a quiz on each subject.

20.Final Exam Policy

Students will take the Final Exam on the date noted in the Syllabus. Students must obtain a 70% passing score on the Final Exam in order to receive certification from Beayurvedic. If a student is unable to make the Final Exam, the student must inform the primary instructor 2 months in advance of the final exam, so that the primary instructor can make arrangements to administer the final exam at a different time. In case of an emergency the student needs to inform the primary instructor as soon as possible. Retake of an exam may be available, if necessary.

21.Certification of Completion Policy

In order for the student to receive the Certificate of Completion and Transcript:

All homework assignments must be complete and turned in.

All required exams passed,

All Classes attended

All Client encounters completed.

22.Student complaint Procedure

Beayurvedic Institute encourages students to discuss their concerns and complaints through informal conferences with the instructor or staff member.

Concerns should be expressed as soon as possible to allow early resolution. If an informal conference regarding a complaint fails to reach an outcome satisfactory to the student, the

student may initiate the formal process by filing a written complaint form. A student whose concerns are resolved may withdraw a formal complaint at any time. Beayurvedic will take the necessary steps to address a formal complaint.

23.Beayurvedic Tuition & Fees

Application Fee: $100 (Non-refundable)

- Fundamentals of Ayurveda course (AHC- Part-1) - $3300
- Ayurvedic Health Counselor training (AHC- Part-2) - $4300
- Total cost of AHC program - $7600 + $100 Application fee
- Includes the cost of internship

24.Registration & Payment Policies & Plans

Application Fee: $100 (non-refundable)
Fundamentals of Ayurveda Payment Plan - Course Tuition & Fee - $3300

Payments are accepted by checks or cards.
For Card payment an additional 3% processing fee is applied.

Payments can be made in full or installments

Installment plan for Fundamentals of Ayurveda (AHC part 1)

Deposit - $300 (is submitted with the Application & Application fee)

Monthly - for 6 months - $500

AHC Part- 2 - Course Tuition & Fee- $4300

Payment can be made in full

Technical Payment - $300

10 installments - $400

25.Late Fee Policy and Collection Procedure

* If student fails to make a payment on the given deadline according to tuition plan (ex: first day of month), then student will be fined $50 per billing cycle after the deadline. Past due accounts may be subject to additional charges, including collection fees and collection agency commissions.

26. Refund and Cancellation policy

If your application is rejected, you will receive a full refund of all tuition, fees, and other charges.

You will be entitled to a full refund of tuition, fees, and other charges if you give notice that you are cancelling your contract within five business days after the contract or enrollment agreement is considered effective.

A written notice is required for withdrawing from the course

Application fee & Technical Payment is non-refundable.

1. Full refund is made if withdrawn two weeks before the course starts.

2. Withdrawing a week before the course 50 % Deposit is **nonrefundable**

3. **Deposit is nonrefundable in case of withdrawing from the program after the program starts**. If the student would like to drop out from the course after the course has started:

a) We recommend the student to complete the month.

b) If the student has paid for the course in advance - the fee will be applicable for the month they receive the tuition.

c) **Once the student decides to drop from the course, there will be no readmission done for the same academic year. In order to complete the course, the student will have to wait until the next academic year of the course starts.**

27. Additional Requirement and Expenses:

Textbooks: Textbook of Ayurveda - Dr Vasant Lad- Volume 2

28. Financial Aid

The Beayurvedic Institute of Ayurveda does not offer state or federal financial aid, tuition scholarships or educational loans at this time.

29. Probation, Withdrawal & Leave of Absence Policy

A student will be put on probation if he or she fails two consecutive assignments or quizzes and does not make them up within 30 days of receiving notice. If the student fails to do so, the student may be dismissed.

If a student becomes ill, or other serious circumstances occur that prevent the student from continuing in the program as originally intended, the student may withdraw from the program, or apply for a leave of absence.

To complete either of these alternatives, the student must obtain an Application for Withdrawal or Leave of Absence from the Instructor and return it to the Instructor.

The Leave of Absence or Application of Withdrawal will begin once Beayurvedic Institute has been notified via the appropriate application form.

The length of time a student may take a leave of absence is **twelve (12) months**. When the student is ready to return, the student must obtain permission from Beayurvedic Institute. The student may resume attending classes, if and when, space is available in the next class at the level where the leave began. The student must be in good academic and financial standing

with the Institute. It is not necessary for the student to retake any classes if the course of study is resumed with in twelve months from the beginning of the leave of absence.

30. List of School Equipment

Laptops, Projector, White board, Textbooks

31. National, State and Professional Standards

Ayurveda is not a licensed health-care profession in any of the fifty States of USA or the ten Canadian provinces. Consequently, there are currently no national, state or provincial standards for this curriculum. At the present time, a number of professional organizations, including the National Ayurvedic Medical Association (NAMA), the Association of Ayurvedic Professionals in

North America (AAPNA), and the Council on Ayurvedic Credentialing (CEC), have updated their standards of approval for Ayurvedic training programs and for certification of Ayurvedic practitioners and consultants.

Please visit NAMA or AAPNA websites for more details on Practicing Ayurveda in USA.

32. **Beayurvedic Application Process**

Step 1: Complete the application form and submit it via email to cotntact@beayurvedic.com

Applications are processed as soon as possible after submission. If a submitted application is not complete it will be returned until complete.

Applicants will be contacted by email regarding the Admission Interview which is conducted by phone. Within two weeks after the interview, the applicant will be notified by email of his/her admission status via an email and Admissions Letter.

Step 2:

Accepted students are required to submit the signed Contract Enrollment Agreement and make a down payment or tuition payment according to their choice of tuition payment options within

two weeks of receiving the Admission Letter. The down payment (or first tuition payment) reserves the student's place in the class.

The Beayurvedic Institute of Ayurveda reserves the right to deny admission to any applicant who does not meet the requirements for admission to the school, or who is believed to be unable to comply with the code of conduct and/or academic policies of the school.

33. Admission form is available to download on Beayurvedic.com

Applicants: complete the Application for Admission online. A $100 application fee is due with submission of the application. The application fee is paid via the website

Thank you for your interest in Exploring the world of Ayurveda at BeAyurvedic Academy

Visit: beayurvedic.com

Call: 248-631-7271